



BULL SHEET

VOL. LX

MAY - JUNE, 2025

No. 3

MAY MEMBERSHIP MEETING

May 8, 2025

Walters Farm @ 176 Walters Rd, Barnesville, GA 30204

***6:00 PM:* View Krone Hay Equipment and mingle with other members.**

***7:00 PM:* Dinner and Program**

***PROGRAM SPEAKER:* Greg Pittman, Jackson County ANR Extension Agent**

***TOPIC:* Baleage Production**

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***MEAL:* Local burgers, fries, sides, & desserts**

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THE BULL SHEET

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MID-GA CATTLEMEN'S ASSOCIATION

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alternating with membership meetings.

Editor: Cynthia Douglas
1727 Delray Rd., Thomaston, GA 30286
mgcattleinfo@gmail.com - 770-550-1070

Annual membership dues for subscription to Bull Sheet.

2025

**Officers and Directors of the
Mid-Georgia Cattlemen's Association**

- Will GodownsPresident
- Mark StanfieldVice President
- Carmen WesterfieldSecretary
- Elena StanfieldTreasurer

- | | | |
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- Past PresidentWes Smith
- EditorCynthia Douglas
- Mailing ListGCA Office & Cynthia Douglas
- QueenKylee Campbell
- Websitemgcaonline.com

County Extension Agents:

- Lamar:** Hailey Partain - 770-358-5163 E-mail: hpartain@uga.edu
790 Veterans Drive, Barnesville, GA 30204
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P. O. Box 70, Forsyth, GA 31029
- Pike:** Brooklyne Wassel - 770-567-2010 or 678-588-3153
E-mail: brooklyne.wassel@uga.edu
P. O. Box 397, Meansville, GA 30256
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P. O. Box 227, Griffin, GA 30224
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WILL GODOWNS
MGCA PRESIDENT



Howdy, friends and fellow cattlemen,

Spring has sure made itself known here in Middle Georgia—green grass is stretching tall, calves are on the ground, and long days in the pasture are back in full swing. I hope this letter finds you and your herd healthy, your hay barns holding steady, and your boots not too muddy.

As your president, I want to take a moment to share a few thoughts, keep you informed on what's happening in our association, and maybe even pass along a tip or two I've picked up along the way. The strength of our cattle industry has always come from the folks in it, hardworking, dedicated people like you, and I'm honored to serve alongside each of you.

One thing that's always on my heart—and I know many of y'all feel the same—is getting our young folks involved in the cattle industry and in this association. Whether they're growing up on a family farm or just have an interest in agriculture, there's room for them at our table.

We're working with local 4-H and FFA chapters to make sure students know about the opportunities within MGCA. If you've got a son, daughter, grandkid, or neighbor who's showing interest, bring them to a meeting. Let them shake a few hands, hear the conversations, and see what it means to be part of something bigger than just your own operation.

We'd also like to bring back a Junior Cattlemen's Program, a place for our youth to get leadership experience and a say in planning events that matter to them. If that's something you'd like to help with, don't hesitate to reach out. The future of our industry depends on the seeds we plant today.

One of the biggest goals for this year is to make sure our meetings are not only a time to catch up with one another but also a chance to grow, both as cattle producers and as stewards of the land.

We've heard from several of you that you'd like to see more practical, day-to-day topics covered in our meetings, and we couldn't agree more. That's why we're making it a priority this year to include topics like hay production, animal health, and weed control in our upcoming programs. These are issues that hit close to home for all of us, and by bringing in knowledgeable speakers and sharing local insights, we hope to provide useful takeaways you can apply right back on the farm. Your feedback helps guide the direction of this association, and we appreciate you speaking up.

Speaking from personal experience on the topic of weed control, I've always found that I get better control if I apply herbicides before I can see the weeds from the truck seat going down the road. A very real example of this for me is the battle we are all facing on controlling hairy buttercup. Most years I don't think about spraying until I start seeing yellow flowers everywhere—by then, it's really too late to do much good. This past Fall, I applied a more cost-effective and lower rate of 2,4-D in late October, and it's amazing how those fields have NO yellow flowers in them this Spring. More than likely, our whole farm will get that application this Fall.

If you're not already a member of the Mid-Georgia Cattlemen's Association, there's never been a better time to join. A recurring question I've heard is "Why should I be a member of MGCA or GCA?" The greatest value I see in being a member is the amount of resources and knowledge to be

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gained by networking with fellow producers and industry specialists. Building relationships that allow you to pick up the phone and ask someone how they dealt with a problem you're seeing on your farm is an invaluable investment.

Whether you run a large-scale operation or keep a small herd, being part of this Association connects you with fellow producers who share your challenges, your values, and your love for the cattle industry. From educational meetings and field days to youth involvement and industry advocacy, MGCA is here to support you, represent you, and help you grow. This isn't just an organization, it's a community, and there's a place in it for you.

As always, thank you for the work you do every day to keep our land productive, our herds healthy, and our community strong. I look forward to seeing you at the next meeting—and if you see me first, come say hello.

Will Godowns

Will Godowns
770-624-4223
wgodowns@gmail.com

Together We Can Reach Success!

Henry Ford quoted, "Coming together is a beginning; keeping together is progress; working together is success."

So, what did our founding Mid-Georgia Cattlemen do? They came together.

What should we be doing now? Working together.

What will our association achieve? Success!

You are invited to join us as we move forward as a grassroots organization!

MID-GEORGIA CATTLEMEN'S ASSOCIATION MEMBERSHIP MEETING

March 20, 2025

Zebulon, Georgia - Pike County

Agenda- presiding President, Will Godowns.

Will Godowns presented the welcome and the Invocation Minutes from the February Board Meeting and the January Membership meeting were presented as printed in the Bull Sheet - Motion made to approve and seconded

Treasurer's Report was presented and accepted.

Regular checking -\$7657.39 Money market - \$16,029.37
Total - \$23,686.76

Recognition of West Central Georgia Steer and Heifer Show participants by Show Secretary Cynthia Douglas.

Exhibitors were each presented \$200.00 provided by the West Central Georgia Show and Mid-Georgia Cattlemen. (\$100.00 each from MGCA and West Central GA Show)

Exhibitors were Kylee Campbell, McKenna Campbell, Logan Ellington, Mabrey Wheeler.

Thompson Memorial Donation: The Charles Thompson family awarded \$200.00 to Mid-Georgia exhibitor Mabrey Wheeler of Upson County for exhibiting homegrown 2 heifers and a steer. The Charles Thompson Donation was designated for a Mid-GA Showman with a Homegrown calf. The other \$200 will be given next year and the family is thinking of adding to it in the future to keep it going.

County Extension Agents Reports

Upson/Lamar - Hailey Partain - AgrAbility Boot Camp held Feb 28th. Mid-Georgia sponsored and prepared lunch. There were 41 veterans in attendance and an online seminar was presented this week.

There will be a new county agent reporting to Monroe County April 1st. Hailey will be the mentor.



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Watch for upcoming field day with the Towaliga SWCD district on no-till drills

CattleWomen's Report -Cynthia Douglas

Great annual convention - Monica Walters won the adult cooking contest with her own created recipe which will be in the next Bull Sheet. Hailey Partain presented a program on cuts of beef using a beef carcass model recently purchased.

There are several farm days coming up and help is always needed.

Beef and Berries - hosted by SweetSouthStrawberry Farm on April 26th. Mid-Georgia Association will be promoting beef and agriculture.

Old Business -

Scholarship deadline is April 1st to Hailey Partain's office.

Several members representing Mid-Georgia helped with Georgia Cattlemen's open house at the new office location by cooking hamburgers.

New Business -

Will Godowns gave a brief summary of the bylaws and how county directors are selected. There will be more conversation about the bylaws, elections and responsibilities of the board of directors and members. Summary of the Upson County meeting - top 3 topics for education were weed control, hay production, and animal health.

Program

Bo Huddleston introduced sponsors

United Bank - Ashley Brown and Jennifer Turner

Elite Livestock Marketing Group - Marketing your cattle

Next meetings

May 2nd - 3rd Chestnut Oaks -Bull Riding and Barrels - Mid-Georgia will be cooking ribeye steak sandwiches.

May 3rd - Honeywood Sale-Jackson Regional Stockyard- Mid-Georgia Cattlewomen will be cooking hamburgers. There

will be 100 bred heifers with 45 ATD.

May 8th - Membership Meeting - Lamar County- Hosted at Walters Farm

June 19th - Fetal Programing in Cattle - site to be selected

Motion made and seconded to Adjourn

Submitted By Carmen Westerfield, Secretary

Approved - 4/10/2025

MID-GEORGIA CATTLEMEN'S ASSOCIATION DIRECTORS' MEETING

April 10, 2025

Thompson Veterinary Service - Barnesville, Georgia

Agenda - Presiding President, Will Godowns

Invocation and Welcome given by Will Godowns, President

In attendance at April 10, 2025 Mid-Georgia Cattlemen's Board Meeting:

Officers: Will Godowns, Mark Stanfield, Carmen Westerfield, Elena Stanfield

Lamar: Ivey Booker, Luke Andrews

Monroe: Zach Westerfield

Pike: Glenn Beckham

Spalding: Tara Green, Chair, Steven Green

Upson: Steve Douglas, Chair, Danny Bentley, Tracy Boyt

Past President- Wes Smith; Mid-Georgia CattleWomen - Cynthia Douglas - President

Copies of the minutes were handed out - read, motion made to approve and seconded

Treasurer's Report - presented by Elena Stanfield

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Regular checking \$4040.19

Money market \$16034.96

Discussed request from Georgia Junior Livestock Program for a donation of \$50.00 for the Junior Beef Futurity Scholarship Program. Motion made and second to send \$50.00

Update on renewal of insurance (liability) \$680.00

Motion was made to accept Treasurer's Report and Second

Update from the Secretary Carmen Westerfield

Please send any items to add to the agenda the day before the meeting.

She is working on a list for meeting reminders - correct phone numbers and emails.

Extension Agents Reports - no agents present - Tracy Boyt asked for Hailey Partain to assist with lunch for the AgrAbility workshop - May 9th at Walters Farm. Motion was made and seconded to cook and provide lunch. Walters Farm is providing the meat. He also mentioned the Towaliga SWCD Field Day at Vaughn Farms on May 9th on no-till.

An agent has been hired for Monroe County - Luke Quick.

Old Business

Bulls and Barrels- May 2&3 - at Chestnut Oaks Arena - setup around 4:30 to start cooking ribeye sandwiches

Honeywood Heifer Sale - May 3 - Jackson Regional Stockyard

Discussion on lining up help to cook at these events

CattleWomen's Report

 - Cynthia Douglas

On March 27th and 28th, cattlemen exhibited at Farm Days for Hope Academy in Thomaston and Heritage Elementary School in Bibb County. Junior members exhibited their cows at Farm Day at Upson-Lee South

Primary. MGCA Members helped with Green Grass and tractor exhibits.

Beef and Berries will be on April 26th from 11 - 3:00 at SSS Farm in Thomaston. There will be beef exhibits, petting zoo, and kid activities and we will be selling South Burgers as a fundraiser. They can use help cooking and manning the exhibits.

The CattleWomen will be serving Honeywood Burgers as a fundraiser at Honeywood Sale is May 3 at Jackson Regional Stockyard.

New Business

Wrapping (lettering) trailer - committee formed to gather quotes and come up with options for the next board meeting. This is the trailer used for cooking for fundraising and sponsored events.

June 19th - Country Oaks Field Day at Chestnut Oaks - details are still in progress

County Reports

Monroe - cooked ribeye steak sandwiches at the Forsythia Festival. Steaks were donated with the condition that half the proceeds were donated to charity.

Other New Business -

Committee reports - Budget Committee met and worked on budget - discussed alignment of budget categories to assist treasurer with developing reports and reconciling expenses with budgeted categories.

Expense vouchers will be developed to assist with record keeping.

We will be asking County Extension Agents to develop Budget requests from each county extension offices at beginning of year to assist with budget categories. Discussed that requests for sponsorship of different events align with the mission of Mid-Georgia Cattlemen - promoting beef cattle production.



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There was a discussion to partner with the Cattlewomen in donating to local food pantries by getting donated beef.

An increase in annual dues will take effect July 1st increasing to \$75.00

Danny Bentley (past regional vice president) will provide training to incoming Regional Vice Presidents for GCA.

Reminder - May 8th meeting - Lamar County - hosted by Walters Farm. Topic will be on baleage and haylage, sponsored by Robco Fuels, Krone NA, and Walters Farms.

Motion to adjourn

Submitted by Carmen Westerfield, Secretary

CattleWomen's Report

By Cynthia Douglas, MGCW President

Several of us attended the GCA Convention in Augusta. The Georgia CattleWomen provided two workshops for attendees. Hailey Partain led a workshop of cuts of beef. This was very educational for all of us. Our incoming GCWA President, April Edwards, conducted a program on Stress and how to help handle the day-to-day stresses that we face. Monica Walters entered the adult category Beef Cooking Contest and won first place. Check out her recipe in this issue. The CattleWomen had the opportunity to meet the National CattleWomen's President. Several of our ladies assisted with the recipe contest and the GCWA booth. Mallory South assisted the staff at the convention.

On March 27th and 28th, Farm Day at Hope Academy in Thomaston was organized by Upson Extension. The Cattlewomen made hamburger cookies with 60 students and discussed "Where Does Your Hamburger Come From?".

Beverly Hardin and I represented the cattle industry at Heritage Elementary School in Bibb County.

Upson County Farm Bureau organized Farm Day at Upson-Lee South Primary for 850 students. Logan Ellington and Mabrey Wheeler provided the beef exhibit. Peggy and Mike Greene organized the exhibit "Green Grass is What Farm Animals Eat". Several MGCA and MGCW members, extension staff, and 4-H'ers and FFA members assisted with the exhibits.

Beef and Berries is planned for April 26th at SSS Farm. It is from 10 - 3:00. There will be beef exhibits, 4-H petting zoo, and kid activities, and we will be selling SSS Farm's Burgers as a fundraiser. We can use help setting up, cooking and manning the exhibits. Please let me know if you can assist.

Honeywood Sale is May 3 at Jackson Regional Stockyard. The ladies will be serving Honeywood Burgers as a fundraiser. Come out to the sale and help us cook.

On May 2 and 3, the association needs volunteers to help cook and serve ribeye steak sandwiches at the Bulls and Barrels Event at Chestnut Oak Arena in Meansville. Please let Will Godowns, your board members or myself if you can come help. We will set up on Friday at 4:30 pm. Rodeo starts at 8:00 pm.

Father's Day Weekend has been a great time in the past for us to come together and promote beef and provide beef for the community. We will serve free burgers from 11:00-1:00 or till we run out. Come join us at Country Oaks at 10:00 to set up and cook and serve beef as an outreach activity.

Your officers invite each of you to join the association. Our new dues will take effect on July 1. If you are not a member, please join and you will also have voting right as a GCA and MGCA member.

We look forward to seeing you at the upcoming events.

Cynthia



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Members Promoting and Educating About Beef at Farm Days



Mid-Georgia Show Participant Recognized

The MGCA and West Central Georgia Show Committee presented each of our Mid-Georgia Show participants with \$200.00. The members are very proud of your accomplishments.



L-R - McKenna Campbell, Kylee Campbell, Logan Ellington. And Mabrey Wheeler

The family of Charles Thompson awarded Mabrey Wheeler of Upson County with the first Charles Thompson Scholarship. The family designated that the award be presented to a Mid-Georgia showman that showed a homegrown calf at the WCG Show. Any donations that are given to MGCA in memory of Mr. and Mrs. Charles Thompson will go towards this scholarship.



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2025 GCA CONVENTION HIGHLIGHTS

There were several great speakers and workshops for attendees to gather new information to take back home. Our hats off to Caroline Waldrep, GCA Officers, and Event committee for coordinating this year's convention! It looks like we will be heading to Perry next year in April.

Here are some of the highlights from the convention:

Hailey Partain was recognized for serving as the GCWA President for the past two years.

Monica Walters entered the GCWA Beef Recipe Contest and won.

Mallory South did an awesome job assisting at the convention.

The CattleWomen presented Howard Johnson the "Friend of the CattleWomen's Award".

The first Ham and Lynch Scholarship was awarded.

Several members assisted with workshops and panel discussions.

MGCA members represented the association at the GCA Board Meeting.



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Monroe County Cattlemen Give Back to Community

Local cattlemen's commitment to community was on full display during this year's Forsythia Festival in Forsyth, Georgia. For the 28th consecutive year, the Monroe County Cattlemen's Association served ribeye sandwiches with all profits going to local charities. This year was particularly



unique as most of the members are part of the Prime Pursuits team providing fine, Black Angus Beef to Walmart, under the name, McClaren Farms. Talk about community, these ranchers helped raise the beef that went to Walmart, which they then purchased and served at the festival raising money for many charities including Southern Grace Hospice Foundation.

Submitted by Monroe County Cattlemen and 44 Farms



Condolences

Over the past couple months, our association has lost several long time cattlemen. We send our sympathy to the families of the following cattlemen. They will certainly be missed.

R M Hice was an active member in Calhoun, GA prior to moving to Lamar County. We could always count on RM volunteering to help man the grill at our events. He was a faithful board member for Lamar County.

Jackson Pippin of Lamar County was a dedicated farmer and cattleman. He was always entertaining us and was a great supporter of our association.

Ed Trice was a cattleman and lawyer in Thomaston and served our association in many roles on the MGCA board. He led our association for 4 years as MGCA Vice President and President.

Monroe County Hires Extension Agent

Luke Quick of Forsyth started his new job on April 1st as the new Monroe County ANR Extension Agent. Luke, a 20-year resident of Monroe County, previously worked as a peach biological sciences technician for the USDA for 16 years. He is a graduate of Georgia College & State University and served in the U.S. Army doing one tour in Iraq. Luke, we look forward to you working with our association and producers.



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Muddy Pond Simmental Wins Award



Congratulations Johnny Owen & Marianne Owen, owners of Muddy Pond Simmental of Barnesville, for having the High Indexing SimAngus bull and also the highest selling SimAngus at the Tifton Bull Test Sale.

Upson-Lee Lunch Serves Local Beef



The Thomaston-Upson Nutrition Department teamed up with local producers and farmers to provide students with locally sourced products. SSS Farm and Caldwell Farms were chosen to assist with products for the Local Foods for School Grants. Both of these producers have been providing locally grown and raised beef. The Souths have also provided strawberry for meals.



SSS Farm Donates Beef

Educational Opportunity

Topic: Fetal Programming

Speaker: Elizabeth Belew, Ph.D., Purina Animal Nutrition

Sponsor: Presented by

Country Oaks Farm Supply, Barnesville

Date: Thursday, June 19th from 6pm-8pm

Location: Chestnut Oak Arena/Pike Co Extension Office

943 Sandefur RD, Meansville, GA

More details to come at May MGCA meeting.

RSVP to Hailey Prater by Monday, June 16th
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Reporting Are Available

Maps are now available at the Lamar-Henry County FSA Office for acreage reporting purposes. If you wish to receive your maps by e-mail, please call our office at 770-358-0787 ext. 2.

Please see the following acreage reporting deadlines for Lamar-Henry County:

- May 15, 2024: Sweet Corn, Tomatoes
- July 15, 2024: All other crops including crops intended for grazing, forage, and grain.

*Keep in mind these deadline dates may differ if you have NAP coverage on these crops.

In order to maintain program eligibility and benefits, you must file timely acreage reports. Failure to file an acreage report by the crop acreage reporting deadline may cause ineligibility for future program benefits. FSA will not accept acreage reports provided more than a year after the acreage reporting deadline.

Producers are encouraged to file their acreage reports as soon as planting is completed.

Ben Duncan

County Executive Director

Farm Service Agency

Barnesville USDA Service Center

231 Hwy 41 N, Ste C Barnesville, GA 30204

Phone: 770-358-0787 Extension 2

Fax: 1-855-501-2459

Upson/Lamar Extension Upcoming Events

- May 2: Towaliga SWCD Field Day coming up on the 2nd (free).
- May 9: Cattle Boot Camp at Walters Farm
If anyone wants to register (free event),
<https://www.farmagain.com/farmbootcamp>
- May 12: Lunch N Learn over Propagation at the Upson Office (\$15)
- May 28: HERD Sale in Calhoun
- June 2-27: Upson 4-H Summer Day Camp for grades Kinder-5th contact office for more details
- June 13: Kids Cattle Camp Corn Hole Tournament and Family Friendly Event at Upson County Livestock Sale Barn starts at 6pm (\$30 per team)
- June 17: Summer AgVacation in conjunction with our Day Camp and Upson Farm Bureau
- July 10: BQA Class at Georgia Junior Beef Futurity in Perry
- July 11: Kids Cattle Camp 8:30-3:30 Kinder-6th at Upson County Livestock Sale Barn (\$15)
Contact Upson Extension to register
- July 14: Lunch N Learn over Christmas in July from the Garden at the Upson Office (\$15)

Hailey Partain

University of Georgia | Agriculture and Natural Resources
County Extension Agent

305 S. Hightower St. Ste. 170 | Thomaston, GA 30286

706-647-8989 | hpartain@uga.edu |

www.extension.uga.edu

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 callawaycattle@gmail.com

John & Marcia Callaway
 2280 Coweta-Heard Road
 Hogansville, GA 30230

John's Cell:
 770-355-2165



Take Me Out To The Ballgame



April 2025

Growing Summer Annual Forages

April 2025

*An Equal Opportunity, Affirmative Action, Veteran,
Disability Institution*

*Lisa Baxter and Taylor Singleton
Department of Crop & Soil Sciences*

GJCA will have a night at the Macon Bacon Baseball Game as a fundraiser.

- Friday, July 25th at 7PM vs the Florence Flamingos
- \$17/ticket that includes: admission to the game, a Macon Bacon hat, all-you-can-eat hamburgers, hotdogs, chicken sandwiches, cookies, soda, water and more
- Tickets can be picked up at the GCA table outside the game starting at 5PM. A list of names of everyone who purchased tickets will be at the table.
- We will have at least one show calf, goats and sheep for a petting zoo outside the game.
- You do not have to be a GJCA member to attend. Anyone affiliated with GCA can help raise money for the juniors!
- Tickets must be purchased directly through GCA no later than July 7, 2025. Call the office to pay with a card, mail a check or bring cash by the office to purchase.

Caroline Waldrep | Events & Outreach Coordinator
 Georgia Cattlemen's Association
 101 General Courtney Hodges Blvd | Perry, GA 31069
 P.O. Box 27990 | Macon, GA 31221
 Office: (478) 224-5900 | Cell: (478) 973-9526
 caroline@gabecf.org | www.gabecf.org

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These forages grow much faster than perennials, so consider staggering your planting dates to extend the summer forage supply. Two plantings made approximately four weeks apart can provide good quality forage throughout the summer.

Planting methods

Below is general guidance for seedbed preparation timelines for both planting no-till and into a conventional seedbed. If there is risk of soil erosion, then use no-till planting methods. Also, the no-till planting method can be used as a smother crop in tall fescue renovation plans. If there is minimal risk of soil erosion or no perennial sod in place, then a conventional seedbed may be used. The Web Soil Survey is an excellent resource available for free online to learn more about the soil type, topography, slope, etc. of your farm.

Table 1. General planting information for species used for warm season annual foragegrasses.

Species	Planting rate (pounds/acre)		Planting depth (inches)
	Pure stand	Mixture	
Crabgrass	3-5	2-3	1/4
Pearl millet	12-15	8-10	1/2-1
Sorghum	6-8	4-5	1/2-1
Sundangrass	10-15	10-13	1/2-1
Sorghum x sundangrass	15-20	10-13	1/2-1

Fertilization guidelines

Apply 40-60 pounds of nitrogen per acre soon after the annual grasses emerge and additional applications of 50-60 pounds of nitrogen per acre for each month during the summer grazing season. Apply phosphorous and potassium based on soil test recommendations after emergence.

If used for hay or baleage, apply 40 pounds of nitrogen per acre at planting, 60 lbs pounds of nitrogen per acre after establishment, and 60 pounds of nitrogen per acre after each

harvest except the last. If more than one harvest is anticipated, increase the phosphorous and potassium rates listed on your soil test by 25%.

Grazing recommendations

Regardless of species, rotational grazing is strongly recommended for use in annual forage fields. Initiate grazing once forage species planted have reached approximately 10-12 inches. For best results, maintain at least 3-4 inches of stubble height (residual forage) during the growing season. Plants may become stemmy from selective grazing. Use a tractor-mounted rotary mower to mechanically clip them to a height of 10-12 inches and fertilize with nitrogen. With good grazing management, clipping may not be necessary.

Many forages have the potential to accumulate nitrates but millets, sorghums, and sudangrasses are especially prone to this issue. Splitting nitrogen applications across the season and avoiding grazing during drought conditions will greatly reduce the likelihood of nitrate toxicity. Wait at least 7 days after a drought ending rain before allowing animals to graze the material. For more information on nitrate toxicity, please see UGA Circular C915:

Nitrate Toxicity.

All sorghums or sudangrasses have the potential to cause prussic acid poisoning when the plants are stressed. Avoid grazing drought or frost stressed plants to prevent prussic acid poisoning. Wait at least 7 days after a drought ending rain or the frost event before allowing animals to graze the material.

Pest management recommendations

Although the options are limited for weed control in annual forages, many annuals are typically fast growing and will outcompete weed species. Insect damage is especially problematic on summer annual grasses however, and all pesticide options and treatment thresholds for insect pressure are presented in the Georgia Pest Management Handbook's section on Temporary Grazing (Special Bulletin 28-31).



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MEMBERSHIP APPLICATION

Georgia Cattlemen's Association

P. O. Box 27990 • Macon, GA 31221 (478) 224-5900
 gca@gabceef.org

NEW MEMBER RENEWAL

Name _____

Operation _____

Address _____

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Phone _____

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E-mail _____

County/Chapter: Mid-GA Cattlemen

Recruited by _____

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State & Local Dues - 3 yr\$140.00

Georgia Junior Cattlemen's Association (21 & Under)\$15.00

GCA Young Cattlemen's Council (YCC)\$50.00

Georgia CattleWomen's Association (GCWA)\$35.00

GCA Political Action Committee Contribution (optional) _____

TOTAL ENCLOSED _____

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Name on Card _____ CVV _____

RECIPE CORNER



**Nutritious Beefy
 Lunch Bowls**



By Monica Walters, Barnesville, GA
 2025 GCWA Adult Beef Recipe Contest

serves 4

*This tasty simple beef meal takes in the essential vitamins
 and minerals needed every day.*

Ingredients:

- 4 Whole wheat flat round tortillas
- 2 pounds of lean grass-fed ground beef
- 1 cup cooked lentils
- 2 tbspc ricotta cheese
- 1/2 cup chopped onion
- 1/4 cup chopped green pepper
- 1/4 cup chopped red pepper
- 1/4 cup chopped spinach leaves
- 1/2 cup chopped tomato
- 1 tbspc Worcestershire sauce
- 1 tsp turmeric
- salt and pepper to taste



For Topping:

- Grated parmesan or cheddar cheese
- Chopped green onions
- Thin sliced avocado

Instructions:

Stir in a skillet all ingredients until the ground beef is fully browned.
 Spoon the hot savory beef mixture into the warm wheat shells.
 Sprinkle on top with the shredded cheese, add sliced avocado and garnish with chopped green onion.

Cooking:

Use 4 whole wheat flat round tortilla type shells then press and shape in small heat proof bowls in oven at 250 degrees for 20 minutes or until shell is crispy.

Upcoming Events

- May 2 No-Till Drill Program
9:00am -2:00 pm
Vaughn Farms, Forsyth
RSVP - Call 478-387-3125
- May 2-3 Bulls and Barrels - 8:00pm
Chestnut Oaks Arena, Meansville
Gate opens - 5:30pm
- May 3 Honeywood Heifer Sale - 12:30pm
Jackson Regional Stockyard
- May 8 MGCA Membership Meeting
Walters Farm, Barnesville
6:00 pm Preview and Mingle
7:00pm Dinner and Program
- May 9 Cattle Boot Camp
AgrAbility UGA Farm Again
Walters Farm 9-4:00pm
- May 11 Happy Mother's Day
- May 26 Memorial Day
- June 12 MGCA Board Meeting
6:30 pm dinner
7:00 pm Meeting
Thompson Vet Office
- June 14 Beef for Father's Day
Country Oaks Farm Supply
Barnesville
Serving from 11:00 am-1:00pm
- June 15 Happy Father's Day
- June 19 Fetal Programming
6:00 - 9:00 pm
Chestnut Oaks Arena/
Pike County Extension Office
- July 10 MGCA Membership Picnic
More Information Forthcoming

See *Upson/Lamar Extension Calendar*
in this issue for more dates and events.

HOOVES & HORNS BY A.W. ERWIN



"Golly, Dad,.... He see's you when yer sleepin' - He knows when yer awake,... Make sure he knows that was yew, an' not me for goodness sake!" -Copied

MGCA Promoting Beef

Steak Sandwiches at Bulls and Barrels

Come join us as we sell Steak Sandwiches at the Bulls and Barrels.

May 2 & 3 at Chestnut Oak Arena in Meansville. Gates will open at 5:30pm and the event starts at 8pm.

Beef Day to Celebrate Beef for Father's Day

Come join the members as they celebrate Beef Day and Father's Day at Country Oaks Farm Supply in Barnesville on June 14th from 11-1:00. The association will be celebrating by giving away hamburgers to the customers and community.

Please come and volunteer at these events and help us promote BEEF. For more information, check out our website mgcaonline.com or contact Will Godowns 770-624-4223 or Cynthia Douglas 770-550-1070.

BULL SHEET

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