



BULL SHEET

VOL. LXI

JANUARY - FEBRUARY, 2026

No. 1

JANUARY MGCA MEMBERSHIP



THURSDAY, JANUARY 8, 2026 @ 7:00 PM

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PROGRAM TOPIC: "Maximizing Rumen Performance with Forage"

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RSVP DEADLINE: Monday, January 5 by Noon @ mgcaonline.com

If you RSVP on time, your name will be placed in a drawing for a Country Oaks Gift Certificate. It is very important that you let us know how many are attending, so there will be plenty of food.

NOTE: The CattleWomen will have a separate meeting to plan upcoming events.



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2014 Cynthia Douglas
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2018 Dr. Jerry Walker
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2022 Clay and Susan Allen
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2025 RM and Ruth Hice

County Extension Agents:

Lamar: Isaiah Moore - 770-358-5163 E-mail: lamar.extension@uga.edu
790 Veterans Drive, Barnesville, GA 30204
Monroe: Luke Quick - 478-994-7014 E-mail: richard.quick@uga.edu
P. O. Box 70, Forsyth, GA 31029
Pike: Brooklyne Wassel - 770-567-2010 or 678-588-3153
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Directors' meetings are held the 2nd Thursdays in months
alternating with membership meetings.

Editor: Cynthia Douglas
1727 Delray Rd., Thomaston, GA 30286
mgcattleinfo@gmail.com - 770-550-1070

Annual membership dues for subscription to Bull Sheet.

2026

Officers and Directors of the
Mid-Georgia Cattlemen's Association

Will Godowns	President
Steven Green	Vice President
Carmen Westerfield	Secretary
Elena Stanfield	Treasurer
Lamar:		
Ivey Booker, Chm.	Ray Brumbeloe, Chm.
Allie Andrews	Glenn Beckham
Chris Pair	Steve Brown
Monroe:		
Jill Lancaster, Chm.	Pam Walters, Chm.
Zach Westerfield	Tara Green
Charles Floyd	Romy Strickland
Spalding:		
Past President	Upson:
Editor	Mark Stanfield, Chm.
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		Cynthia Douglas
		GCA Office & Cynthia Douglas
		Emily Savage
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MGCA PRESIDENT



January Looking Ahead with Gratitude

As we settle in after the Christmas season, I hope each of you had a Merry Christmas and were able to spend meaningful time with family and loved ones. Christmas at the Godowns home was a little sweeter this year with a one-year-old, and it's been a joyful reminder of the blessings God gives us in every season of life. As we step into a new year, my hope is that we all strive to celebrate the birth of our Savior all year long, not just during the Christmas season.

We had a wonderful crowd at Ladies' Night in November, and it was truly a night to remember. A special thank you to everyone who participated in the auction to benefit the Mid-Georgia Cattle Women's Association. Those funds go directly toward beef promotion and educational programs in our counties, and your support makes that work possible. We were also excited to welcome several new directors as they begin their three-year terms, and we look forward to their leadership and involvement. Congratulations as well to all of our award recipients! It was a privilege to recognize the hard work MGCA producers put in year-round.

Looking ahead, I am excited for MGCA to host the 81st West Central Georgia Steer and Heifer Show on January

24th at the Upson Lee Ag Center. If you don't already have plans, I encourage you to come out and support the show and our Mid-Georgia exhibitors. These young people invest an incredible amount of time, effort, and resources into their projects, and it is always impressive, and encouraging, to watch them in the ring.

As we prepare for our upcoming membership meeting, we are thankful to Green Gate Farm for inviting us back to their operation. It's always a special treat to meet on a fellow cattlemen's farm. I'd also like to thank the Spalding County directors for their hard work securing sponsors for the meal and what I know will be a great educational program.

As we begin a new year, I look forward to continued involvement, fellowship, and support from MGCA members across all six of our counties. Together, we can keep strengthening our association, supporting one another, and promoting an industry we're proud to be a part of. I'm excited to see what this year holds for MGCA and grateful to walk into it alongside each of you.

Will Godowns

Will Godowns
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wgodowns@gmail.com

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the plate for
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**MID-GEORGIA CATTLEMEN'S
Ladies' Night
November 18, 2025
Thomaston First Methodist Church**

President Will Godowns welcomed the attendees to the Mid-Georgia Cattlemen's Ladies' Night. He mentioned that it might be the largest group in attendance in years. The Youth Pastor, Caleb Keene, provided the invocation. Will recognized all Veterans that have served or are currently serving our Country. Ivey Booker led the Pledge of Allegiance.

Will recognized the following Georgia Cattlemen and Cattlewomen in attendance that serve on the state level. Past GCA President - Rodney Hilly; GCA Treasurer - Howard Johnson; GCA Executive Committee Member - Jill Lancaster; Georgia Beef Board Member - Cody Ham; Georgia CattleWomen's Board Members - Ruth Hice, Mallory South, Cynthia Douglas and Past President Hailey Partain.

Will recognized and thanked the County Extension Agents for all they do for our producers.

The sponsors for the evening were thanked for their support.

- Ag South Farm Credit of Thomaston - Chad Thompson
- Elena Stanfield - Bowers and Burns Real Estate
- Carroll County Livestock Sales Barn - Eric and Lauren Thompson
- United Bank - Thomaston Branch
- B&B Feed and Seed - Thomaston

Will thanked Waddell's Catering for the delicious steak dinner and Blair Cox for operating the sound system.

Awards and Special Recognitions

Mid-Georgia Hay Contest

Luke Quick announced the winners of the Hay Contest. The contest was organized by Hailey Partain.

Warm Seasonal Perennial Grass Hay:

1st Walters Farm, 2nd Caldwell Farm and Land, LLC,
3rd Billy Sullivan,

Cool Season Perennial Grass Hay:

1st Justin Savage

Cool Season Annual Grass Hay:

1st B and B Farm Services, 2nd Bentley Farm,
3rd Moss Farms

Warm Season Annual Grass Hay:

1st Lei-Kri Farms, 2nd 4R Cattle, 3rd Sheridan Cattle Company

Grass Baleage:

1st Caldwell Farm and Land, LLC, 2nd Walters Farm,
3rd 4R Cattle

Legume Baleage:

1st Justin Savage, 2nd Benny Bostick,
3rd Caldwell Farm and Land, LLC

MGCA Scholarship recipient for 2025 was Sena Stanfield.

Queen Recognition

The CattleWomen thanked our 2025 MGCA Queen, Kylene Campbell, for all she had done helping the association and promoting beef.

Ivey Booker introduced the 2026 Queen contestants, Emily Savage and Bella Grace Sanders. Emily Savage was crowned the 2026 MGCA Queen.

Dr. O.E. Sell Distinguished Service Award

Ray Brumbeloe presented this service award to Pam Walters.

MGCA Hall of Fame

Will Godowns and Cynthia Douglas inducted RM and



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Ruth Hice into the MGCA Hall of Fame.

Entertainment - Mark and Elena Stanfield introduced Thomas Bell who performed several songs that he had written. Elena Stanfield sponsored the entertainment.

Cake and Sign Auction

Danny Bentley auctioned the cakes for the cattlewomen. Joseph Egloff and Will Godowns donated two metal GCA signs as a fundraiser for MGCA and MGCW.

Business Session

Minutes - Motion to approve the minutes as printed in the Bull Sheet; motion passed.

Treasurer's Report - Elena Stanfield reported - Checking Account-\$21,925.54 and Money Market -\$10,008.86

Motion and second to accept the financial report; Motion passed.

Cattlewomen's Report - Cynthia Douglas thanked everyone for supporting the cattlewomen and their activities.

Wes Smith presented the nominations for the 2026 officers.

President - Will Godowns

Vice President - Steven Green

Secretary - Carmen Westerfield

Treasurer - Elena Stanfield

Motion and second to accept the nominations; Motion passed.

Will introduced the 2026 Board of Directors

Lamar - Chair - Ivey Booker, Allie Andrews replace Luke Andrews, and Chris Pair

Monroe - Chair - Jill Landcaster, Zach Westerfield, and Charles Floyd

Pike - Chair - Ray Brumbeloe, Glenn Beckham and Steve Brown

Spalding - Chair - Pam Walters, Tara Green replacing Steven Green, and Romy Strickland

Talbot - Chair - Omer McCants

Upson- Chair - Mark Stanfield, Tracy Boyt, and Marcus South

Past President - Wes Smith

CattleWomen's President - Cynthia Douglas

Will made his closing remarks and reminded everyone to support the West central Georgia Show on January 24th.

Next meeting will be on January 8th in Spalding County.

MID-GEORGIA CATTLEMEN'S ASSOCIATION DIRECTORS' MEETING

December 11, 2025

Thompson Veterinarian Office - Barnesville

President, Will Godowns, gave the Invocation and Welcome.

Minutes presented by Carmen Westerfield, Secretary.

Motion to Approve Minutes -Tracy Boyt; Second -Ivey Booker; Motion passed

Treasurer's Report - Elena Standfield reported - Regular Checking - \$16,877.36 and Money Market - \$10,011.55

Motion to Accept - Cynthia Douglas; Second - Glenn Beckham; Motion Passed.

Elena mentioned she has Bull Sheet income to deposit and explained the transfers with money market.

Elena explained the MGCA Accounts and that her and Cynthia Douglas can sign the accounts.

Extension Agents Reports

Upson - Hailey Partain - She is now 100% in Upson County. She explained that she received an AgSouth Grant of \$3,500 to purchase a model of a cow's stomach and digestion system. Hailey mentioned that the agents recently attended a cattle producer update.

Monroe -Luke Quick - He invited members to attend the Monroe County Christmas Under the Stars. Monroe

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Cattleman and Mid-South Packers were sponsoring and cooking hamburgers and hotdogs. Luke did a forage survey and it showed a 70-75% forage loss from July-November in Monroe. He will be starting the Monroe Farmers Association.

Lamar - Isaiah Moore - He discussed his background in Economics and plans to assist farmers with economic and budget programs this next year.

Old Business -

Wrapping Trailer Update - Will asked Tara to provide Elena with down payment. Steven Green and Mark Stanfield will work on delivering the trailer to Fox by the end of the year to get it wrapped.

Fundraiser Updates- Bulls and Barrels - Chestnut Oak Arena - MGCA used the concession stand.

Harvest Fest on the Farm at Andrew's Farm - \$1,550.00 gross - net to be determined due to steak expenses.

Will recommended that the association stick to Ribeye Sandwiches at our fundraisers. Tara suggested that we purchase some larger signs to use at events. She is to format a sign.

Ladies' Night Report - Will mentioned the great attendance and thanked and commented Upson County members for a great event. Cattlemen's cake auction grossed \$2,125.00. The ladies have asked that the sign auctioned for the cattlemen be left in the cattlemen's account.

New Business

Welcome New Directors - Will welcomed the new directors and all attendees introduced themselves.

Will discussed the responsibilities of the directors and officers. When hosting MGCA meeting, meal costs around



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\$1,500; beef is served; County Directors obtain sponsors to cover meal; Suggested to use venues that are free and visit farms; door proceeds go toward Ladies' Night; organize meeting and program.

West Central Georgia Show - January 24th at Upson-Lee Agriculture Center. Show chair, Will Godowns, discussed the show and sponsorships. He mentioned that the committee will need extra help setting up on Friday and cleaning up on Saturday and Sunday afternoon. MGCA was asked to continue sponsoring the Champion and Reserve Champion Steers and Heifers. Motion by Wes Smith to donate \$1600; Second by Steven Green; Motion Passed. Cynthia distributed sponsorship information.

There will be 8 Mid-Georgia kids showing this year. MGCA has donated \$200 to each of our local showmen in the past. Motion was made by Wes to donate \$200 to each Mid-Georgia exhibitor (\$100 from MGCA account and \$100 from West Central Georgia Show account. Seconded by Ray Brumbeloe; Motion Passed. Money will be presented at the March meeting.

January Membership Meeting- January 8th, 2026 at Spalding Meeting - Jan 8th - Meeting in Orchard Hill at Green Gate Farm. Smith Farm Supply is sponsoring and Anderson Bailey is discussing "Maximizing Rumen Performance with Forage". A taco bar will be served.

GCA Awards- The GCA Awards and Scholarships are due January 5th. Information in the GCA Magazine. Contact Will Godowns with any nominations.

Chestnut Oak Concession Stand Donation - Will discussed a proposal from the Pike County AG Authority to donate \$3,000 to the building of the announcers stand. After much discussion, Wes Smith made a motion and Tracy Boyt seconded to not accept the proposal and to donate \$400 for the 2025 spring and fall rodeos. Motion passed.



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CattleWomen's Report - Cynthia Douglas

Cake Auction - \$2,125 - The ladies want the cattlemen to keep the proceeds from their sign.

Cattlewomen have participated in the following: T-Town Fall Classic, Farm Day at Crawford County and

Hailey Partain attended Meriwether County Farm Day.

MGCW will do the concession at West Central GA Show

- Need donations and help with food.

Upcoming activities: Pike 4-H Homeschool - "Beef Up Your Party"

February - Valentine's Get together for Ladies at Walters' Lake House and Upson 4-H "I Heart Beef" Class.

MGCA Committee- Appointments were made to the committees.

Motion to Adjourn- made by Wes Smith

Submitted by Carmen Westerfield, Secretary

Meriwether Farm Day. On November 8th, the cattlewomen served breakfast and lunch at the T-Town Fall Classic. This was a great way to support our cattle exhibitors.

Once again, we want to thank Kylee Campbell for serving as our 2025 queen. We look forward to Emily Savage serving as our 2026 Queen. She has already started assisting with events.

The Mid-Georgia CattleWomen sponsored a child in Lamar County for Christmas. This is one way we give back to our community. On December 15th, the cattlewomen hosted a "Beef Up your Party" class for the Pike County 4-H Homeschoolers and their parents. In February, the Upson County 4-H'ers will celebrate Valentines with the "I Heart Beef" cooking class. If you would like to help on February 10th from 3:30-5:00pm, let me know.

The West Central Georgia Show will be held on January 24th at the Upson-Lee Agriculture Center in Thomaston. Our association will serve breakfast and lunch. The show starts at 10:00. If you would like to donate food or help with this event, please let me know.

The ladies at the September meeting suggested we have a fun event. It will be held in March at the Bunkhouse at Walters Farm. More information will be listed on the website and at the meeting in January.

If you haven't joined the Georgia CattleWomen, your MGCW officers invite you to join. When you join the state cattlewomen, you become a member of the GCA, GCWA, MGCA, and MGCW and you will have voting right for all associations. Your GCWA dues are \$50 and are paid to the Georgia Cattlemen's Office.

Come Join us at the January meeting!

Cynthia



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Jeff and Denise Holloway
Brian and Summer Corrigan

Crawford Farm Day



Beverly Hardin and Cynthia Douglas exhibited at Crawford County Farm Day.

Spreading Christmas Cheer

Mid-Georgia Cattlewomen sponsored a child for Christmas in Lamar County. Susan Allen and Cynthia Douglas prepared the gifts and delivered them to the drop-off at the Barnesville United Methodist Church. This is one way we give back to our communities.



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2025 Ladies' Night

The 2025 MGCA Ladies' night was well attended. Those attending were treated to a ribeye steak dinner catered by Waddell's Catering. Members enjoyed being entertained by Thomas Bell. Special awards were presented to members for their contributions to the association and beef industry. The cake and sign auction was lively with bidders. The attendees even had an opportunity to pose at the western backdrop. Thanks, Upson County cattlemen and cattlewomen for hosting this special evening!



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2025 MGCA Awards and Recognitions

MGCA Hall of Fame

RM and Ruth Hice were inducted into the MGCA Hall of Fame. RM was a very active cattleman in Red-Carpet and Mid-Georgia Cattlemen's Associations. RM loved grilling hamburger and steaks at our events. Ruth has been very involved with the Cattlewomen where she has served on the Georgia Cattlewomen and Mid-Georgia CattleWomen's Board and served as a GCWA President. RM's passion for our association will truly be missed. Thanks, Ruth for your dedication to promoting BEEF and supporting the Mid-Georgia Cattlemen and CattleWomen.



L to R: President Will Godowns, Ruth Hice and Grandson, Gabe Parker



L to R: Ray Brumbeloe, Pam Walters and President Will Godowns

Dr. O E Sell Distinguished Service Award

Pam Walters was presented the Dr. Sell Award at Ladies' Night. Pam has been an instrumental member to the Mid-Georgia Cattlemen and CattleWomen. She has been dedicated to promoting BEEF to groups, assisting with fundraisers, teaching classes, and volunteering at all the association's events. Pam is always reaching out to assist others. She has been there serving and donating food during tornadoes, at food pantries, and sharing knowledge about beef and agriculture missionary trips. Pam serves on the MGCA and CattleWomen's Boards. Pam, thanks for your service and dedication to our association and community.



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2026 MGCA Queen

Emily Savage was crowned as the 2026 MGCA Queen. She is the daughter of Josh and Kim Savage of Williamson. Emily as a freshman and majoring in Pre-Vet at Gordon State College. She enjoys tending to her own heard of Angus cattle and participating in the sport of cattle sorting. She loves being outdoors on the farm, shooting sporting clays, fishing and caring for all her animals.

The association looks forward to having Emily serve as our 2026 MGCA Queen. With her friendly smile and bubbly personality, she has already been greeting the public and members at our MGCA events and promoting beef.



2025 Queen Kylee Campbell crowned Emily Savage

Mid-Georgia Hay Contest Winners



Warm Seasonal Perennial Grass Hay:

1st Walters Farm, 2nd Caldwell Farm and Land, LLC,
3rd Billy Sullivan

Cool Season Perennial Grass Hay:

1st Justin Savage

Cool Season Annual Grass Hay:

1st B and B Farm Services, 2nd Bentley Farm, 3rd Moss Farms

Warm Season Annual Grass Hay:

1st Lei-Kri Farms, 2nd 4R Cattle, 3rd Sheridan Cattle Company
Grass Baleage:

1st Caldwell Farm and Land, LLC, 2nd Walters Farm,
3rd 4R Cattle

Legume Baleage:

1st Justin Savage, 2nd Benny Bostick,
3rd Caldwell Farm and Land, LLC

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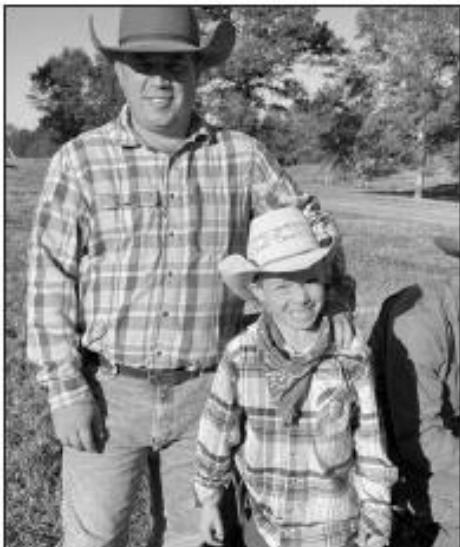
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Fundraising and Having Fun!

Pulled in, set up and started cooking ribeye steak sandwiches at the Harvest Feast on the Farm at Rainbow Farm in Barnesville. Luke and Allie Andrews planned a fun fall event at their farm and invited the Mid-Georgia Association

to fire up the grill with steaks. As you can see, fun was had by many of our workers!



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December 16, 2025

Disaster Assistance for 2025 Livestock Forage Losses

Producers in Pike, Spalding, Henry, and Fayette County are eligible to apply for 2025 Livestock Forage Disaster Program (LFP) benefits on improved pasture and improved mixed pasture.

LFP provides compensation if you suffer grazing losses for covered livestock due to drought on privately owned or cash leased land or fire on federally managed land.

County committees can only accept LFP applications after notification is received by the National Office of qualifying drought or if a federal agency prohibits producers from grazing normal permitted livestock on federally managed lands due to qualifying fire.

You must complete a CCC-853 and the required supporting documentation no later than March 2, 2026, for 2025 losses.

For additional information about LFP, including eligible livestock and fire criteria, contact the Lamar-Henry County USDA Service Center at 770-358-0787 ext. 2 or visit fsa.usda.gov.

Ben Duncan
 County Executive Director
 Farm Service Agency
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Nutritional Considerations Going Into Calving

Lawton Stewart and Uttam Saha

This year has proved to be quite an interesting one. Many parts of the state have seen periods with above-average amounts of rain, but also periods of well below-average amounts. Most producers were able to put up plenty of hay. However, based on the samples submitted to the UGA Feed and Environmental Water Laboratory, there is quite a range in forage quality. For producers with late winter/spring calving season, this could cause potential issues. Combining this with a few other observations, here are a few situations we are seeing, and the potential ramifications.

1. I will restrict feed in the last trimester to decrease calf birth weights.
2. I need more protein to go with my hay
3. There is a tendency to underestimate crude protein and overestimate energy.

I will restrict feed in the last trimester to decrease calf birth weights. Is this correct? Absolutely! The problem is that birth weight is not the only thing it will affect. Recent research has focused on fetal programming. Fetal programming is the concept that maternal stimuli or insults during fetal development have long-term effects on the offspring. One of the most critical aspects of fetal programming involves the adequate nutrition, or lack

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thereof, of the dam. Research has shown minimal impact on calf birth weights; however, the restricted nutrition during the last trimester decreased weaning weights, finishing weights, and hot carcass weights. Additionally, research from Nebraska indicated that heifers from nutritionally restricted cows reached puberty 14 days later than those with proper nutrition.

I need more protein to go with my hay. Is this correct? Possibly, however, protein is only half of the equation. From April 1 to October 1 of this year, 773 bermudagrass hay samples were submitted to the UGA lab. The mean crude protein and energy (TDN) value was 11.1% and 55.7%, respectively. As cows are entering the final trimester, their CP requirement is exceeded by the average bermudagrass sample, but the energy requirement falls short. More importantly, as they calve, enter peak lactation, and the breeding season, the CP requirement is met, but the TDN falls tremendously short.

There is a tendency to underestimate crude protein and overestimate energy. The cheapest money you will ever spend in a beef cattle operation is a forage test, guaranteed!!! A great illustration of this happened recently during the UGA Master Cattlemen's Program. As part of the program, a free forage test was offered to participants along with a survey to estimate what producers thought the quality of the hay was (prior to testing). This allowed for a comparison of what producers thought they had versus what they actually had. This survey resulted in 83% of producer underestimating the protein of their hay compared to the actual. This would result in purchasing a protein supplement when not needed. For energy, 50% overestimated energy. This would result in depriving needed energy during late gestation and early lactation. In addition to the previously discussed fetal programming issues, this could also cause

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delayed breeding. An actual example of overestimation of energy is illustrated in Figure 2. The overestimation could likely result in breeding being delayed 42 days. The resulting loss in weaning weight could easily reach 80 lb, resulting in an approximate \$280 decrease in value per calf. Through forage testing, the producer would know to feed 4 lb/d of a supplement such as corn gluten feed. Based on a 25-cow herd, this could easily return \$6,325 above cost. That is a no-brainer!

Example of over-estimation energy for 25 cows:

- * Estimated TDN: 60% ACTUAL TDN: 55.5% DIFFERENCE: 4.5%
- * No feed - cows lose condition, slip 2 cycles
- * Calf is 80lb. lighter than contemporaries/expected WW
- * At \$3.50/lb, \$-280/calf

IF ONLY I'D KNOWN

- * \$25 for forage test (\$1/cow)
- * 4 lb/d of Corn Gluten for 60 days (\$215/ton)=\$26/cow TOTAL
- * \$27 (forage test + feed) investment/cow returns \$253/cow
- * X 25 cows = \$6,326 return on investment!!!

Brood cow nutrition is a crucial part of a beef cattle operation. Between fetal programming and maintaining the proper calving interval, it is imperative for producers to pay close attention to the nutrients available in their forages, and if they meet the requirements of their herd. If you have any questions on nutrition, hay testing, or developing winter feeding strategies, contact your local Cooperative Extension office (extension.uga.edu, or 1-800-ASK-UGA-1).

Copied: UGA Beef Tips n' Advice - November Newsletter



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GA Cattle Women - Women 21 & over (No magazine) \$50.00

GA Cattle Women - (With magazine) \$75.00

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RECIPE CORNER



Beef Enchilada Soup



Ingredients:

2 pounds Ground Beef (93% lean or leaner)
1/4 cup Taco Seasoning Mix or 2 packets
(1 ounce each) taco seasoning mix
2 cans (14-1/2 ounces each) reduced-sodium beef broth
1 can (28 ounces) crushed tomatoes
1 can (19 ounces) mild enchilada sauce
1 can (15 ounces) black beans, drained and rinsed
1 can (15 ounces) kidney beans, drained and rinsed
1 can (15 ounces) sweet corn, drained
1 can (4 ounces) diced green chilies
8 sliced flour tortillas (1/4-inch strips)

Toppings:

Shredded cheese, sliced avocado, sour cream, taco seasoning
(optional)

Cooking:

1. Heat large nonstick skillet over medium heat until hot. Add Ground Beef; cook 12 to 15 minutes, breaking into 1/2-inch crumbles and stirring occasionally.

Cook's Tip: Cooking times are for fresh or thoroughly thawed ground beef. Ground beef should be cooked to an internal temperature of 160°F. Color is not a reliable indicator of ground beef doneness.

2. Transfer beef into 4-1/2 to 5-1/2-quart slow cooker; add all other ingredients. Cover and cook on HIGH 2 hours or LOW 4 hours until flavors are blended. Top soup with tortillas, cheese, avocado, sour cream and taco seasoning, as desired.

Alternate Cooking Method:

1. This recipe can be made in 5-quart stockpot on the stovetop. Heat stockpot over medium heat until hot. Add Ground Beef; cook 12 to 15 minutes, breaking into 1/2-inch crumbles, stirring occasionally. Add all other ingredients. Reduce heat to simmer; cook 20 to 25 minutes, stirring occasionally. Top with tortilla strips; sprinkle with cheese, avocado, sour cream and taco seasoning, as desired.

- copied: beefitswhatsfordinner.com

Upcoming Events

Jan 1 Happy New Year!

Jan 8 MGCA Membership Meeting
7:00 PM Green Gate Farms
Orchard Hill

Jan 24 West Central Georgia Show
Upson-Lee Agriculture Center
10:00 am

Jan 25 Clean Up Day - 2:00 pm
Help clean from the show.

Feb 12 MGCA Directors' Meeting
Dinner 6:30 pm Meeting 7:00 pm
Thompson Vet Office

Feb 14 Happy Valentine's Day

Feb 17-21 GA Junior National
Livestock Shows Perry, GA

Mar CattleWomen's Event
Walters Farm's Bunkhouse
Date to be announced

Mar 12 MGCA Membership Meeting
Pike County

April 23-25 GCA Convention
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You are invited to attend the 81st West Central Georgia Steer and Heifer Show on Saturday, January 24th, 2026 at the Upson-Lee Agriculture Center in Thomaston. The show starts at 10:00 am. Mid-Georgia has 8 exhibitors representing our counties, so come cheer for them. The cattlewomen will be serving breakfast and lunch. Donations for the show and food are needed. If you would like to help with the show or be a sponsor, contact Will Godowns, Cynthia Douglas, MGCA Officers or Directors, or our local Extension Agents. Sponsorships need to be in by January 5th.

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